

# TALLAGHT REHABILITATION PROJECT

## TRP Mission Statement

*We believe in the advantage of Rehabilitation within the community, as addiction does not happen in isolation. TRP provides a supportive and nurturing environment where participants are encouraged to work in a therapeutic process on their previous drug/alcohol use. TRP promotes a healthy lifestyle in a structured and safe way, through education and training. From this, participants are encouraged to make an informed choice to ultimately become and remain drug/alcohol free.*

## Values

*Tallaght Rehabilitation Project values and respects the rights of all our participants to engage in a recovery process that is positive, honest, compassionate and dignified and also meets the needs of our clients through progressive pathways and emotional growth.*

## Commitment and vision

*The TRP organistaion is committed to providing quality services for people who are in recovery from drug and alcohol addiction. We are an evaluated service that is true value for money. Our organistaion and programmes strive to provide quality based services which are evidence based and promote good corporate government in order o be a leader in community based therapeutic rehabilitation.*

Kiltalown House

Phone: 01-4597705

Jobstown

Fax: 01- 4148123

Tallaght

Email: [info@tallaghtrehabproject.ie](mailto:info@tallaghtrehabproject.ie)

Dublin 24

**Providing Drug and Alcohol Rehabilitation within the local  
community**



## Background

TRP was established in 1997 through a Tallaght Drugs Task Force initiative in response to the need for a dedicated rehabilitation project for the Tallaght area. The day-programme commenced in February 2000.

The board of directors is made up of representatives from a range of statutory, voluntary and community agencies/groups based in the Tallaght area.



## Where are we

Our programme is located in Kiltalown House, Jobstown and is ideally set on the foot of the Dublin Mountains. The house itself is over two hundred years old and is surrounded by picturesque gardens. It provides the perfect tranquil environment for rehabilitation.

## What we do

TRP provides a person centred holistic approach to recovery and rehabilitation, based on the core primary concepts of both therapeutic and community living. This ethos encourages participants to actively address their addiction issues to develop and enhance various coping mechanisms thus facilitate personal growth and development

## What you can expect

Trp aims to provide a supportive and nurturing environment in which individuals can settle, we aim deliver a programme specific to the needs of our client group this is done through our comprehensive schedule. Rehabilitation necessitates addressing the participant in his/her entirety. Trying to deal with the “whole” person requires a variety of different forms of expertise beyond what can be achieved by a single agency. Therefore TRP have developed a number of partnerships with other treatment services, community groups, education services, housing agencies, social services, probation and welfare and specialised counselling services in order to offer participants the most comprehensive support possible.

## Some the TRP interventions / modules include

Relapse Prevention	Keyworking	Addiction Awareness
Motivational care planning		Therapeutic process group
House Group	Morning Meeting	Individual Care plan
Specialised One to One	Residential weekend	Counselling



Family Involvement		
Parenting	Health Awareness	Cultural Outings
Anger Management	Complimentary Therapies	ILP/FETAC
Communication s	Art/Craft	Job search and interview Skills
Coping with Change		Progression Options

## More Information

If you have any particular query or would like further information about TRP please contact us by phone or email. Also the T.R.P. Website holds all our information and you can download Referral forms, information packs and the Evening room rental booklet